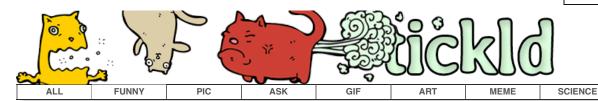
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Go out? But there's people out there.

30 Problems that only introverts will understand.

 Practicing conversations with people you'll never talk to.

- 2. When you want to cut all ties to civilization but still be on the internet.
- When your friend wants to invite more people over, and you don't want to sound like a bad person by saying no.
- When spending a heavenly weekend alone means that you're missing out on time with friends.
- And you fear that by doing so, you are nearing 'hermit' status.
- When your ride at a party doesn't want to leave early, and no one seems to understand your distress.
- Trying to be extra outgoing when you flirt so your crush doesn't think you hate them.
- That feeling of dread that washes over you when the phone rings and you're not mentally prepared to chat.
- 9. When you have an awesome night out, but

297



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have to deal with feeling exhausted for days after the fact.

- 10. People saying "Just be more social."
- 11. When you're able to enjoy parties and meetings, but after a short amount of time wish you were home in your pajamas.
- 12. Staying up late every night because it's the only time that you can actually be alone.
- 13. People making you feel weird for wanting to do things by yourself.
- 14. Having more conversations in your head than you do in real life.
- 15. The need to recharge after social situations.
- People calling you out for day dreaming too much.
- Carrying a book to a public place so no one will bug you, but other people take that as a conversation starter.
- 18. People interrupting your thoughts, and you get irrationally angry.
- 19. Having to say "I kind of want to spend some time by myself" when you have to deal with that friend that always wants to hang out.
- When you're asked to do a group project, and know that you're going to hate every minute of it.
- 21. When you hear the question "Wanna hang out?", and your palms start to sweat with anxiety.



- 22. When you hear, "Are you OK?" or "Why are you so quiet?" for the umpteenth time.
- 23. Having visitors stay with you is a nightmare, because it means you have to be on at ALL TIMES.
- 24. When people stop inviting you places because you're the one that keeps canceling plans.
- Being horrified of small talk, but enjoying deep discussions.
- 26. When you need to take breaks and recharge after socializing for too long.
- 27. The requirement to think introspectively rather than go to someone else with your problems.
- Not wanting to be alone, just wanting to be left alone. And people not understanding that.
- 29. When people mistake your thoughtful look for being shy, or worse, moody.
- 30. That people need to know that you aren't mad, depressed or anti-social. You just need to not talk to anyone for a while. And that's okay.

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Grey_Dread 0 karma Yesterday

I'd like to add one: putting earbuds in your ears (even though your iPod is turned off) in order to to prevent unwanted conversation with strangers.



Diablo66 +1 karma 6 days ago
this post genuinely speaks to me on many levels